

SELF-ASSESSMENT QUESTIONNAIRE FACTS TO CONSIDER BEFORE TAKING STEPS TO HOME SHARE

(The following Questionnaire is for both Home Providers and Home Seekers.)

Please consider the following before you decide anything.

- 1. What is important to me in a Home Sharing arrangement?
- 2. How do I feel about living with someone?
- 3. Am I comfortable expressing my needs and speaking up when something is bothering me?
- 4. What am I most concerned about?
- 5. How will I handle disagreements?
- 6. What interests and activities would I like to share with my housemate?
- 7. How important is companionship to me?
- 8. How comfortable am I with sharing common areas such as the kitchen and living room? What if there is only one bathroom?
- 9. How important is it for me to know that my family, friends and loved ones support me in my decision to live in a Home Sharing arrangement?
- 10. How important is it for me to be able to create a sustainable, financially affordable housing option?

Adapted from Burlington Age-Friendly Seniors Council (BAFSC) and Community Development Halton (CDH)